

Simultaneous English-to-Italian translation will be provided

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CENTRO STUDI DELL'ALIMENTAZIONE
NUTRITION FOUNDATION OF ITALY

**“CHOCOLATE, LIFESTYLE,
and HEALTH”**

Friday March 2nd, 2007 – 10:00 a.m.

**Sala Napoleonica
Palazzo Greppi, Milano**

Via S. Antonio, 10

Speakers:

Herwig Bernaert, Innovation Manager, Barry Callebaut, Wieze, Belgium.

Roberto Corti, Cardiovascular Center, University Hospital, Zurich, Switzerland.

Claudio Ferri, Department of Internal Medicine and Public Health, University of L'Aquila, Italy.

Stan Heptinstall, Cardiovascular Medicine, University Hospital, Queen's Medical Centre, Nottingham, UK.

Enrico Molinari, Department of Psychology, Catholic University of Milan, Italy.

Rodolfo Paoletti, President, Nutrition Foundation of Italy, Milan, Italy.

Henk Smit, Department of Experimental Psychology, University of Bristol, UK.

Joe A. Vinson, Department of Chemistry, University of Scranton, USA.

Francesco Violi, Department of Experimental Medicine and Pathology, University of Rome "La Sapienza", Italy.

Francesco Visioli, Nutrition Foundation of Italy and UMR7079, Université Paris 6 "Pierre et Marie Curie", France.

- 10:00 Opening remarks
R. Paoletti, Italy
- 10:10 Chocolate: technological aspects
H. Bernaert, Belgium
- 10:35 Chocolate craving and addiction
H. Smit, UK
- 11:00 Psychology of chocolate consumption
E. Molinari, Italy
- 11:25 Cocoa, insulin sensitivity and blood pressure
C. Ferri, Italy
- 11:50 Cocoa, leukocytes and inflammation
S. Heptinstall, UK
- 12:15 General discussion
- 12:45 Buffet Lunch
- 14:00 Cocoa and platelet function
R. Corti, Switzerland
- 14:25 Antioxidant actions of cocoa polyphenols
J. Vinson, USA
- 14:50 Cocoa and arterial reactivity
F. Violi, Italy
- 15:15 General discussion
- 15:45 Closing remarks
F. Visioli, France